



**ILOCOS NORTE MEDICAL SOCIETY OFFICERS
and
BOARD OF ADVISERS
2020-2021**

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Advisers



ELECTION OF OFFICERS: (from left to right) Dr. Lani Flor, Dr. Sally Labrador, Dr. Monica delos Santos- Laurin, and Dr. Benjie Flor during the INMS and PMA elections. (July 26, 2020)

The Ilocos Norte Medical Society (INMS) has sustained the promotion of its brand of leadership through the simultaneous conduct of the 2020 INMS Local Election of Officers and the Philippine Medical Association (PMA) National Election, from July 25 to 26.

With polling precincts at the Governor. Roque B. Ablan Sr. Memorial Hospital, Laoag City General Hospital, and Mariano Marcos Memorial Hospital and Medical Center, the INMS local election employed manual voting on July 26 and electronic voting through SMS, as early as July 25. Meanwhile, the PMA national election was done by online voting on its official website.

Taking on roles with passion and determination, this year's INMS Officers will be led by president-elect Dr. Luis Jake R. Rubio. With him are Dr. Jomelyn A. Bolompo and Dr. Emely T. Pumaras, Vice Presidents; Dr. Brenda A. Barbero, Secretary; Dr. Rickson R. Balalio, Assistant Secretary; Dr. Crislis Crispin D. Agullana Jr., Treasurer; Dr. Sinamar Ann D. Abando, Assistant Treasurer; Dr. Adolavni D. Magpily, Auditor; Dr. Helen R. Catcatan, Public Relations Officer; and Councilors Dr. Marierose L. Tolentino, Dr. Hanz Clemente S. Batangan, Dr. Aileen V. Cabatbat, and Dr. Cesar B. Carullo.

Through the effective representation of and among medical practitioners, the province's prime medical organization will strive to keep up with the demands of the health sector, diversify programs for professional growth, and develop the pioneering spirit INMS is known for.#



ELECTION OF OFFICERS: Members cast their ballots for the local component medical society and PMA elections. Others opted to vote through electronic means. (July 26, 2020)

INMS officials-elect accept turnover of duties, responsibilities

Amidst the COVID-19 pandemic, the Ilokano people face many challenges when trying to access healthcare services in the province. The health sector, both on a local and national scale, has been struggling with a shortage of medical professionals and health equipment. But above all these, the Medical Society, alongside health workers and volunteers, continues to brave challenges, serving as hopes on the constant endeavor to provide the best healthcare assistance and services to the people of Ilocos Norte.

Anticipating growth and continuing to partner together to transform Ilocos Norte into the safest home for every Ilokano, the outgoing and newly elected officials of the Ilocos Norte Medical Society conducted a Turn Over Ceremony at the Kitchen Lab in Laoag City, last August 6.

Immediate Past President Dr. Jonathan G. Noble has endorsed the INMS banner, mace and gavel, and documents to President-elect Dr. Luis Jake R. Rubio. Moreover, outgoing Treasurer, Dr. Sinamar Ann D. Abando has authorized the turnover of bankbooks, payments, and other documents of financial transactions to Dr. Crislis Crispin D. Agullana Jr. Further, Dr. Rickson R. Balalio has assisted in the endorsement of the total number of members and resolutions made by the previous INMS Board of Officers.#



TURNOVER: Immediate Past President Dr. Jonathan G. Noble (right) endorses the INMS banner, mace, and gavel to President -elect Dr. Luis Jake R. Rubio (left). (July 6, 2020)



TURNOVER: (top left) INMS officials-elect attend the turnover ceremony; (top right) Dr. Noble endorses INMS documents to President-elect Rubio as other officers look on. (July 6, 2020)



FIRST BOARD MEETING: INMS officers and advisers pose after a heartfelt meal. (July 6, 2020)

Physician-leaders bare plan at First Board Meeting

As leading partners in maximizing the potentials of the province's healthcare sector, members of the Ilocos Norte Medical Society (INMS) held its First Meeting at MESA, Robinsons' Place Ilocos, in San Nicolas town, last August 21, to discuss the newly-installed Board's plan for years 2020 and 2021.

INMS' First Board Meeting commenced with an invocation and thereafter the singing of the Philippine Medical Association and INMS Hymns, respectively; reinforcing selfless service by collaborating towards dynamic professionalism.

High points of the meeting include the President's Report by Dr. Jonathan G. Noble and Treasurer's Report by Dr. Sinamar Ann D. Abando, both are term-end presentations, and the incumbent Secretary's Report by Dr. Brenda A. Barbero.

Remaining relentless in its mission, INMS continues reinventing the province's healthcare sector through promoting wellness and providing quality services for the improvement of communities.#



WEBINAR: Online publicity materials for the INMS Webinar Series



BOMBO MEDICO: Dr. Marirose Tolentino (seated) with Bombo Radyo News Anchor Romnick Quimoyog.



BOMBO MEDICO: Dr. Reiner Alfonso during his phone interview at Bombo Radyo Laoag.

Amidst pandemic, INMS strengthens public health information drive

The Ilocos Norte Medical Society has underscored the importance of public health information drive at this time of the pandemic by launching various dissemination activities.

The initial telecast of INMS' Webinar Series titled "The Challenges of the New Normal at the Clinic" has featured lecture topics such as "Anticipated COVID Patient at OPD" by Dr. Florina Corpuz, "COVID Patient in Pediatrics" by Dr. Jomarie Rana-da, and "OB-Gyne from IDS Standpoint" by Dr. Mary Jane Noble, among others.

Meanwhile, INMS has expanded partnership with the country's prime AM broadcasting company for the "Bombo Medico" a series of on-air medical lectures facilitated by INMS members.

Further, INMS produced online infomercials, broadcasted through Facebook Live.

With travel restrictions and stringent health protocols due to the pandemic, INMS has paved ways to constantly bring quality medical services, even to the far-flung communities by utilizing traditional and online media.#



GENDER AND DEVELOPMENT:

The Mariano Marcos Memorial Hospital and Medical Center has partnered with INMS in conducting a two-part Webinar on Gender and Development.

Ms. Arlene Pascual of the Philippine Commission on Women-National GAD Resource Pool served as the trainer for Part I "Gender Analysis and Tools" and Part "Gender and Development Planning and Budgeting" on October 26 to 27 and November 5 and 6, respectively.#

MARIANO MARCOS MEMORIAL HOSPITAL AND MEDICAL CENTER GFPS IN COOPERATION WITH **ILOCOS NORTE MEDICAL SOCIETY**

CORDIALLY INVITE YOU TO JOIN A WEBINAR ON GENDER AND DEVELOPMENT VIA **zoom** MEETING

PART 1 - GENDER ANALYSIS AND TOOLS
OCTOBER 26 & 27, 2020
9:00 AM TO 12 NOON

PART 2 - GENDER AND DEVELOPMENT PLANNING & BUDGETING
NOVEMBER 5 & 6, 2020
9:00 AM TO 12:00 NOON

Speaker:
MS. ARLENE IDIOMA PASCUAL
CERTIFIED GAD TRAINER AND MEMBER OF PCW-NATIONAL GAD RESOURCE POOL/SUPERVISING ADMINISTRATIVE OFFICER, BATAAN PENINSULA STATE UNIVERSITY

PLEASE PRE-REGISTER USING THE LINK BELOW AND YOU WILL RECEIVE A CONFIRMATION THROUGH EMAIL.



Cervical and Breast Cancer Awareness Campaign 2020



AWARENESS CAMPAIGN: An INMS member teaches women government employees of the basic method to assess lumps in the breast.

INMS members head Task Force Salun-at vs COVID-19

Leading Ilocos Norte's preventive and curative measures against COVID-19 are INMS members as core of the Task Force Salun-at, the province's prime medical team.

Headed by Governor Matthew Marcos Manotoc, Task Force Salun-at is composed of Mariano Marcos Memorial Hospital and Medical Center (MMM&MC), Governor Roque B. Ablan Sr. Memorial Hospital, PGIN-Provincial Health Office, and component city and municipal health offices.

Governor Marcos Manotoc appointed Dr. Norman Rabago as a Health Consultant of the Provincial Government and the overall head of the Provincial Contact Tracing Team.

Meanwhile, Dr. Florina Corpuz, also a Health Consultant, was appointed as Ilocos Norte's head of Quarantining and Isolation Facilities.

Together, Dr. Rabago and Dr. Corpuz have implemented comprehensive disease containment and management measures, ensuring that the crisis-management of each city and municipality is reinforced.

Furthermore, a senior INMS member and the Chief of Hospital of MMM&MC, Dr. Lourdes Otayza, has been the stalwart partner of the Provincial Government at the onset of the pandemic.

MMM&MC is Northern Luzon's forefront hospital in detecting and managing coronavirus disease.

Previously Institutionalized under Executive Order (EO) No. 51-20, "Task Force Salun-at: Sagubanit Adaywannak," was fully activated upon placing the province under community quarantine through EO No. 60-20 on March 14.

Duties and responsibilities of the task force include raising community awareness, promoting preventive and curative measures, perform rapid action and resource mobilization, clinical management and public health response, and planning and periodic reporting.#



FRONTLINER: Dr. Florina Corpuz.



FRONTLINER: Dr. Norman Rabago.



FRONTLINER: (from right to left) Dr. Lourdes Otayza, Gov. Matthew Marcos Manotoc, and the Consul and Vice Consul of the P.R. of China

Red Cross and LGU Laoag partner anew with INMS in annual bloodletting



SAVING LIVES: INMS President Dr. Luis Jake R. Rubio (left) with Red Cross Representative and City Government of Laoag Tourism Officer, Mrs. Anna Remigio. (August 15, 2020)

The Philippine Red Cross (PRC)-Ilocos Norte Chapter has sustained its partnership with the Ilocos Norte Medical Society (INMS) and the City Government of Laoag in providing quality life-saving services that protect the people's welfare and dignity, particularly for the indigent and others in vulnerable situations and sectors.

Titled "Give Blood, Save Lives," PRC-Ilocos Norte, in coordination with INMS fellows of Laoag City General Hospital, conducted a bloodletting activity at the City Auditorium, last August 15.

PRC and INMS continue to serve as models for the community, embodying volunteerism, and faith in humanity. During the COVID-19 pandemic, the healthcare sector calls for utmost passion and concern for others in alleviating human suffering, protecting health, and respecting the dignity of life.#



SAVING LIVES: Dr. Mariferse Tolentino (leftmost) poses with a blood donor and partner agency representatives. (August 15, 2020)



SAVING LIVES: Laoag blood donors flock in the city's auditorium. (August 15, 2020)



SAVING LIVES: A health worker donned in a personal protective equipment assesses a donor. (August 15, 2020)



SAVING LIVES: Officers of the Philippine National Police participate in the Bloodletting Activity. (August 15, 2020)



SAVING LIVES: INMS members with volunteers during a donation drive at Brgy. Davila, Pasuquin. (October 10, 2020)

Surely, blood donations have helped millions of Filipino people. As a vital part of global healthcare, donation and transfusion are regarded as life-sustaining and life - saving procedures .

However, blood and derived blood products have a restricted shelf life and the challenge of maintaining an adequate is reliant on volunteer donors as sources. Thus, to ensure that the province has a consistent and regular supply of fresh blood, especially at this time of the pandemic, the Ilocos Norte Medical Society has partnered with various institutions and associations in conducting a series of blood donation drives.



SAVING LIVES: INMS members with a blood donor from the Philippine National Police during a donation drive at the Black Nazarene Hospital, San Nicolas. (October 17, 2020)

LOCAL DONATION DRIVES

- Laoag City Auditorium on August 15, 2020
- Brgy. Davila, Pasuquin on October 10, 2020
- Black Nazarene Hospital on October 17, 2020
- RHU of Nueva Era on October 31, 2020
- Brgy. Sapat, Pasuquin on November 8
- Badoc Municipal Hall on November 18, 2020
- Bacarra Medical Center on November 21, 2020

ALMOST

200

BLOOD DONORS



SAVING LIVES: Dr. Rubio (second from the right) with Badoc Municipal Mayor Maximo Cajigal (third from left), Vice Mayor Alwyn Rubio

On October 11, INMS and the Municipal Government of Pasuquin, through the officials and health workers of Barangay Davila, Pasuquin, facilitated a blood donation initiative. Other partners include the Confederation of Ilocano Association, Inc.-Davila Chapter; Scintilla Juris (SJ), Astrum Scientis (AS), and Stella Juris Ilocos Norte through their "Blood Sparks for Life Ilocos Norte" Project; the Philippine Coast Guard, Dabarkads Riders of Davila, and Bombo Radyo Laoag.

Moreover, on October 17, the Black Nazarene Hospital, Inc. hosted another blood donation, in partnership with INMS; SJ, AS, and Stella Juris Ilocos Norte; the Rotaract Club of the Black Nazarene Hospital, Inc., and participated by the officers of the Philippine National Police.

Most recently, the Mariano Marcos Memorial Hospital and Medical Center, through the National Voluntary Blood Services Program of the Department of Health, in partnership with INMS, Municipal Government of Badoc, and the organizers of the Blood Sparks for Life Ilocos Norte Project, launched a Mobile Blood Donation in Badoc, Ilocos Norte last Nov. 18; recording almost 80 blood donors.

It is important to secure and improve the blood supply and sustain the recruit of donors, likewise, encourage the return of earlier donors, to fulfill the medical requirements of our population. INMS continues to organize such activities to campaign for an expanded donor pool particularly, by tapping physicians, nurses, allied health professionals, and the public and private sectors, to raise the meaning of prioritizing the welfare of others and appealing to a sense of service. #



SAVING LIVES: A medical volunteer extracts blood from a donor. (October 10, 2020)



SAVING LIVES: INMS members and Philippine Red Cross volunteers at the Black Nazarene Hospital. (October 17, 2020)



SAVING LIVES: INMS and blood donors at the Municipal Auditorium, Badoc. (November 18, 2020)



PMA 117th Foundation Day

As a component Medical Society of the Philippine Medical Association (PMA), the Ilocos Norte Medical Society commemorated PMA's 117th Foundation Anniversary with a wreath laying to honor the contribution of its members and other frontliners in nation-building, with this year's theme: "SALUTE TO THE TRUE WARRIORS OF THE PANDEMIC."#



PMA FOUNDATION ANNIVERSARY: INMS members offered a wreath on the statue of a great Filipino physician, Dr. Jose P. Rizal to commemorate the Foundation Anniversary of the Philippine Medical Association. (September 15, 2020)

WREATH LAYING: Dr. Jose P. Rizal Monument, San Nicolas Ilocos Norte, September 15, 2020.

PMA conducts 1st Nat'l Virtual Convention

As the National Government's stalwart partners in initiating development, the Philippine Medical Association's (PMA) 1st National Virtual Convention and Scientific Meetings has maximized the potentials of the health sector and ensured quality and compassionate service.

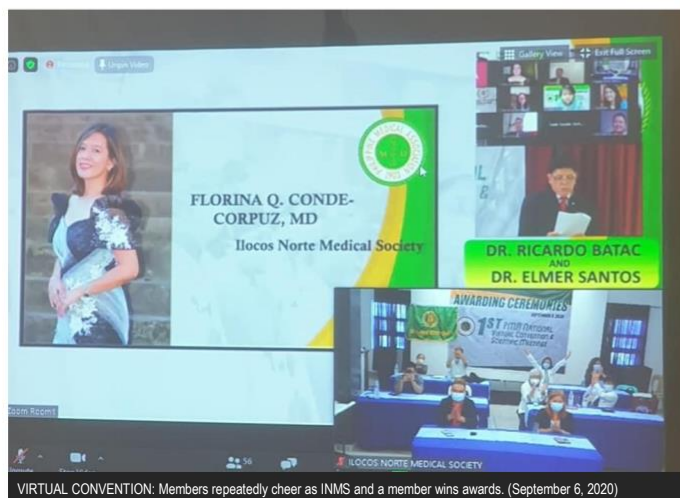
The three-day event which was conducted from September 6 to 9, 2020, with the theme "Hamon sa mga Pilipinong Manggagamot sa Panahon Ngayon," featured a virtual conference, webinars and online lectures, and an awarding ceremony. Particularly, Dr. Teodoro J. Herbosa presented "Medico-Legal Concerns in the New Normal," Atty. Bu C. Castro discussed the "Ethico-Legal Issues in the Virtual Practice of Medicine: The New Normal," and Dr. Clarita C. Maano explained the topic "PRC Board of Medicine: Hamon ng COVID-19."

Moving forward, as a highlight of the convention, Dr. Luis Jake Rubio formally took his oath as the President of the Ilocos Norte Medical Society (INMS).

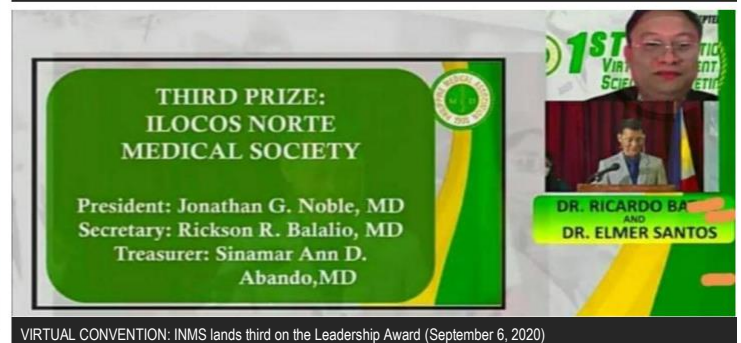
Finally, citing INMS' vision and goal towards collective progress in the health sector, the Medical Society was conferred with the PMA Award for Most Outstanding Component Medical Society; a Third Prize winner under the Category II of PMA's Leadership Award for Outstanding President, Secretary, and Treasurer; and its Adviser, Dr. Florina C. Corpuz, was awarded Most Outstanding Physician of PMA.#



VIRTUAL CONVENTION: INMS members attend PMA's 1st Virtual Convention. (September 6, 2020)



VIRTUAL CONVENTION: Members repeatedly cheer as INMS and a member wins awards. (September 6, 2020)



VIRTUAL CONVENTION: INMS lands third on the Leadership Award (September 6, 2020)



63rd PMA National Medicine Week Celebration

Manggagamot-Mamamayan: Sama-Samang Pagtugon sa Pandemya

September 20-26, 2020

PHILIPPINE MEDICAL ASSOCIATION
1903

PHILIPPINE MEDICAL ASSOCIATION
PARA SA BAYAN, PARA SA MAMAMAYAN

INMS joins 63rd Nat'l Medicine Week celeb

The Ilocos Norte Medical Society (INMS) has actively participated in the celebration of the Philippine Medical Association's 63rd National Medicine Week from September 20 to 26, launching a roster of activities mainly geared at strengthening professionalism and capacitating COVID-19 frontliners.

This year's theme: "Manggagamot-Mamamayan: Sama-samang Pagtugon sa Pandemya," mirrors the reality of healthcare challenges in the country and reinforces the exemplary efforts of healthcare professionals to deliver high quality, responsive, and accessible medical services to every Filipino, amidst the pandemic.

The health sector's renowned commitment towards serving the nation is worthy of emulation, continuously inspiring the Ilokano community. Moreover, the sector is determined to harness social ties as well as medical innovations towards a healthier and safer nation.

Remaining relentless and strengthened by challenges and obstacles, INMS is undoubtedly one of our vital allies of the country's prime medical group in safeguarding the health and wellness of the country. #



SINGING PHYSICIANS

Talented physicians of the Ilocos Norte Medical Society used music to shine a light on healthcare workers, particularly COVID-19 frontliners, and offer comfort to others during this difficult time.

Singing "Heal the World," this exceptional display of compassion hopes to share a message of strength, unity, and recovery. #



MEDICINE WEEK: Newly-induced President Rubio symbolically receives INMS mace and banner. (September 25, 2020)

90TH INDUCTION CEREMONIES (FIRST VIRTUAL INDUCTION)

A medical professional's contribution to nation-building is to assure that patients get the medical assistance essential for them to lead productive and dignified lives.

Reaffirming their commitment to securing the health and empowerment of our kakailian, the elected Board of Officers of the Ilocos Norte Medical Society (INMS) attended the 90th Induction Ceremonies (First Virtual Induction) on August 28, with Philippine Medical Association President, Dr. Benito P. Atienza serving as the guest of honor and inducting officer.

The annual INMS Induction has been a platform for sustaining the unity and the tradition of excellence of Ilokano physicians, making the Medical Society among key contributors to establishing a healthier populace.

With several programs for comprehensive health care, INMS continues to fulfill its mission by working to invest in the well-being of the Ilokano people, lending expertise to communities towards sustainable growth not only for the province's thriving health system but also across all sectors. #

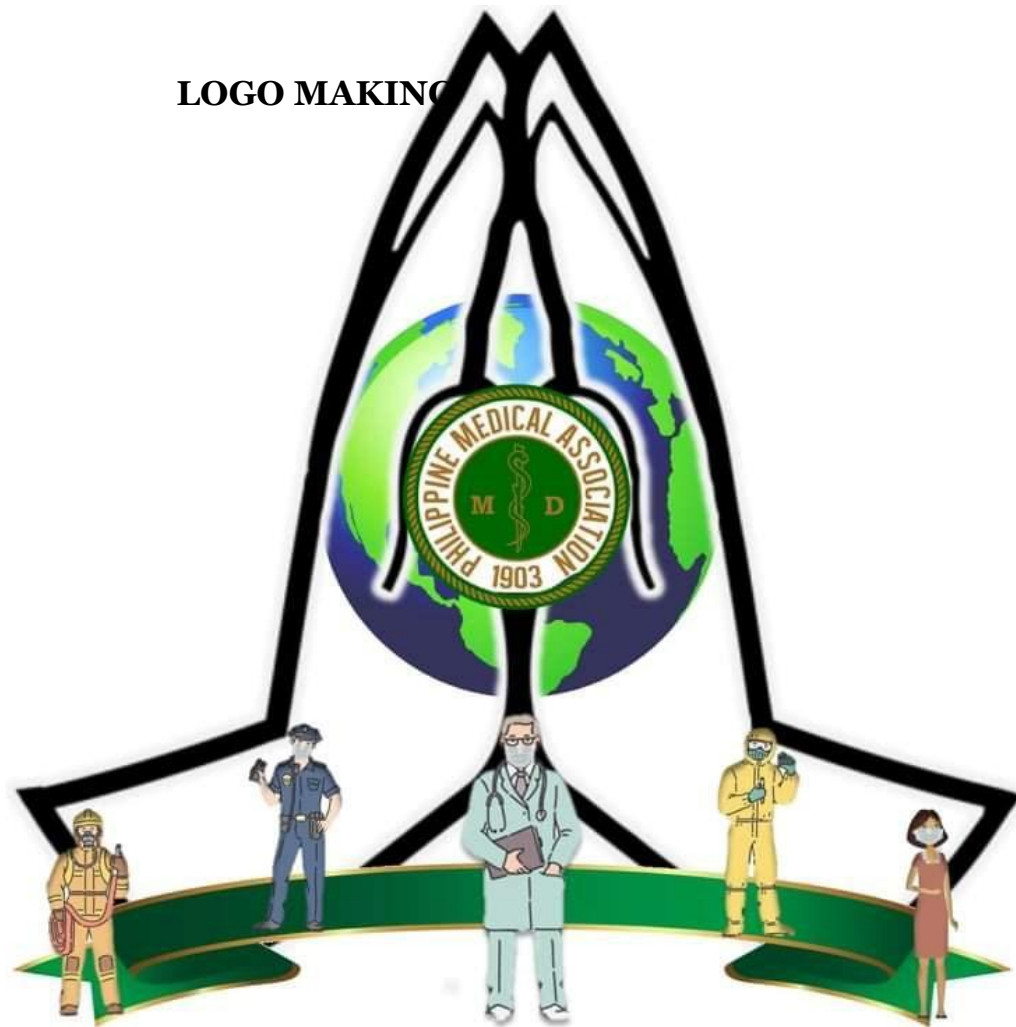


MEDICINE WEEK: INMS officers pose for a souvenir photo during the Induction Ceremony. (September 25, 2020)



MEDICINE WEEK: INMS officers and guests pose for a group photo during the Induction Ceremony. (September 25, 2020)

LOGO MAKING



THE ENTRY OF THE ILOCOS NORTE MEDICAL SOCIETY TO THE LOGO MAKING CONTEST OF THE PHILIPPINE MEDICAL ASSOCIATION

The COVID-19 pandemic has demanded the urgent action of the whole country's health sector, including those of the law enforcement, to cushion the disease's impacts across all industries and among vulnerable groups.

INMS has extended and maximized its professional and humanitarian duties to reinforce the local government's safeguard measures and to ensure that no Ilokano is left behind. Through collaborations with non-medical frontliners, various institutions and agencies, and the private sector, INMS has prioritized the improvement of the quality of life of the people. Thus, guaranteeing their overall safety by providing quality and uncompromised medical services to reinforce community resilience.

This entry of the Ilocos Norte Medical Society to the Logo making Contest of the Philippine Medical Association is a tribute to all frontliners around the globe, highlighting a worldwide call for unity to ensure that we recover from the pandemic, as one.#

MEDICINE WEEK: INMS members honoring frontliners at the Southern Provincial Border in Badoc. (September 20 -26, 2020)



FRONTLINERS’ DAY: Through the collective resolve and resilience of all COVID-19 frontliners, Ilocos Norte has limited the transmission of the virus and remained one of the least infected provinces in the country. This is a testament to the great capacities and efforts of our frontliners who have protected the community throughout. The cooperation and assistance from Ilokanos, both local and abroad, have likewise improved the province's pandemic response.

To appreciate their efforts, the Ilocos Norte Medical Society celebrated the Frontliners' Day by sharing a meal with Border Officers at the Southern Provincial Border in Badoc. To help them stay safer, INMS also donated face masks and N-95 masks, including an adequate amount of vitamin supplements and medicine.#

MEDICINE WEEK: INMS members attend a special mass at the Minor Basilica of St. John the Baptist, Shrine of the Pontifically Coronated and Provincial Patroness, La Virgen Milagrosa de Badoc. (September 20-26, 2020)



SPECIAL SUNDAY MASS: Without question, the pandemic wrought serious damage and continues to pose threats to all sectors in our province: health, economy, and education. All life crisis is also an opportunity to turn to the Almighty to rest in His mercy.

As part of the 63rd National Medicine Week celebration, the Ilocos Norte Medical Society sponsored a Sunday Mass at the Minor Basilica of St. John the Baptist, Badoc, Ilocos Norte for all frontliners afflicted with COVID-19 especially, colleagues at INMS.#



MEDICINE WEEK: INMS member after the coastal cleanup at the La Virgen Milagrosa Cove, Badoc. (September 20 -26, 2020)

COASTAL CLEANUP: Members of the Ilocos Norte Medical Society (INMS) gathered to help clean the coast of the La Virgen Milagrosa Cove in Badoc, Ilocos Norte as part of the 63rd Philippine Medical Association National medicine Week Celebration

INMS encourages the extension of service by helping the community in taking care of our environment. The Medical Society hopes to increase awareness about the current situation of the different natural resources in the province and still this to the succeeding generations of medical and non-medical profession-als alike. #



WREATH LAYING:
Badoc, Ilocos Norte Municipal Hall in celebration of the 63rd National Medicine Week.



MEDICINE WEEK: INMS members offered a wreath on the statue of Dr. Jose P. Rizal in front of the Badoc Municipal Hall. (September 20-26, 2020)

Educating the public on various health issues and enriching the competencies of medical practitioners at this time of the pandemic has become more nec-essary.

Utilizing the limitless virtual space and mileage of broadcast media, members of the Ilocos Norte Medical Society have partnered with physicians representing the GSK, Inc., Corbridge, Aspen Philippines, Inc., Getz Pharma; and the broadcasting institution Bombo Radyo Laoag, for a series of Webinars, Virtual Lay Fora, and Telemedicine Lectures.

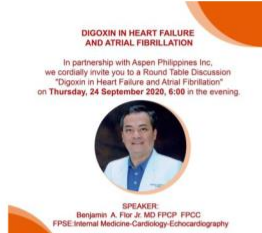
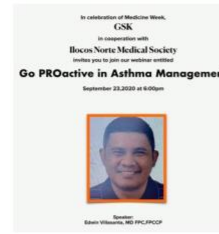
WEBINARS: The Webinar Series featured "Insulin Therapy in In-patient Hyperglycemia: Strategies to Improve Glycemic Control and Prevent Hypoglycemia" by Dr. Melanie Valdez, "Thyroid Nodules: Approach, Diagnosis, and Treatment" by Dr. Lani Linsangan-Flor, "The Device Does Matter: Refining Inhaler Use in COPD" by Dr. Ruel Revilla and "Asthma Control Beyond Pandemic" by Dr. Edwin Villasanta, among others.

LAY FORA: Meanwhile, topics discussed by INMS fellows at the Governor Roque B. Ablan Sr. Memorial Hospital and Mariano Marcos Memorial Hospital and Medical Center are as follows: "How to Cope with COVID-19 Infection as an Individual, a Community, and as a Healthcare Worker," "COVID-19 in Pregnancy," "Surgery in Time of COVID-19," "Benign Prostatic Hyperplasia," Paano Protektahan ang Sarili at Ibang Tao sa COVID-19," and "Teenage Pregnancy and HIV."

Bombo Radyo Laoag likewise effectively broadcast-ed informative lectures on water birth, dementia, vertigo, breast cancer, newborn screening, Human Milk Banking, mental health, premature birth, and Interventional Radiology.

E-PAKAAMMO: For the E-Pakaammo, INMS members presented "Rabies Iwasan, Alaga'y Pahalagahan," "Madibdibang Usapan: Tamang Kaalaman Tungkol sa Breast Cancer," "Paglaki ng Prostata: Sakit ni Juan Pagtanda," "Bone and Joint Diseases," " Eczema at Iba pa," and "UTI in Children."

All reputable medical professionals strive to provide excellent care to patients, and Webinars, Virtual Lay Fora, and Telemedicine Lectures are tools that can greatly assist to that end.#



MEDICINE WEEK: (above) Some Webinar Online Media promotional cards of physician-lecturers. (September 20-26, 2020)



MEDICINE WEEK: INMS members and MMMH&MC employees during the E-pakaammo online medical series. (September 20-26, 2020)



MEDICINE WEEK: (from left to right) Dr. Hanz Batangan, Dr. Jake Rubio, Dr. Quintin Cocson, Dr. Brenda Barbero, and Dr. Aileen Cabatbat during the Senior Physicians' Day celebration. (September 20-26, 2020)



MEDICINE WEEK: Senior Physician, Dr. Jesusa Aguinaldo with Dr. Marirose Tolentino.

SENIOR PHYSICIANS' DAY: The COVID-19 pandemic that we are undergoing means that it is possibly the most trying time we are ever going to face in our lives. It is even more challenging for doctors who are working tirelessly to ensure that all those that need medical services are provided with proper. Their contributions and hard work deserve our gratitude each and every day.

The Ilocos Norte Medical Society, through a gift-giving and heartfelt serenade, recognized the seasoned insights of Ilocos Norte's Senior Physicians. They were given plants, balloons, and tokens to remind them of how they have been transforming the lives of their patients and making an impact on the health care sector with their expertise. #



MEDICINE WEEK: INMS Officers pay tribute to Senior Physicians through gifts such as balloons, tokens, and cakes.



MEDICINE WEEK: Potted plants as presents for the Senior Physicians' Day celebration. (September 20 -26, 2020)

PLANT-LINERS: Aside from serenading senior physicians and giving them balloons, token, and cake, INMS' celebration of the National Medicine Week has gone greener with members flexing potted plants as an additional present.

Senior physicians were all smiles with warmed heart as they read the dedication:

“We can never thank you enough for your selfless commitment and dedication to outstanding care. Because of you, the community are able to receive the best healthcare services. Again, thank you for being an amazing doctor.”#

Prostate Cancer Awareness Campaign

INMS member and Urologic Surgeon, Dr. Mark Brian Roa has delivered his lecture on prostate cancer as part of the celebration of the National Medicine Week and in time for the Prostate Cancer Awareness Month.

As prostate Cancer is the most commonly diagnosed form of cancer that affects many men, INMS has been increasing public awareness of the importance of regular prostate screening and educating about its symptoms and risk factors.#



MEDICINE WEEK: Dr. Mark Brian Roa delivers his lecture on prostate cancer at the MMMH&MC. (September 20 -26, 2020)



SECOND BOARD MEETING: INMS Officers discussed the lineup of activities for the upcoming 63rd Medicine Week Celebration during its Second Board Meeting.# (September 9, 2020)



THIRD BOARD MEETING: The Third Board Meeting discussed the upcoming programs of the Philippine Medical Association and INMS, specifically the Adopt a Barangay, Child Bullit, Gender and Development, Cancer Advoca-cies, Webinars, and Environmental, Culture and Arts, and Finance and Fundraising programs.# (October 6, 2020)

FOURTH BOARD MEETING: #

In the Fourth Board Meeting, INMS Officers laid down the plans for sustaining the Medical Society’s initiatives, particularly, its participation in province-wide public health and wellness programs. (November 2020)



Status of Members to your Component Society											
(Please put check mark that corresponds to your response)											
Member Name	PRC No.	PMA No.	Type	ACTIVE	INACTIVE	Non-Resident	TRANSFERRED to other Component Society	DECEASED	On Leave of Absence	Delinquent Members	OTHERS (Pls. Specify)
TINIO, CHRISTINE S.	123456	W-1597-123456									

TYPE or CLASSIFICATION

R
L
E
APPLY TO BE RECLASSIFIED

STATUS : ACTIVE vs. INACTIVE

UPDATED annual dues
MAY 31, 2019

QUALIFIED VOTER -
MET DEADLINE OF PAYMENT
SEPT 30 OF EACH YEAR *



NON-RESIDENT

TRANSFERRED

DECEASED


LEAVE OF ABSENCE

DELINQUENT

CATEGORIZATION

CATEGORY	NUMBER OF VOTING MEMBERS	NO. OF COMPONENT SOCIETIES FOR 2019-2020
1	500 and above	14
2	250-499	24
3	100-249	37
4	Less than 100	44



DEATH BENEFIT


Effective April 7, 2014


- death benefit: PHP 50,000.00

May be changed depending upon

- the availability of funds
- the recommendation of the Commission on Mutual Aid
- and the approval of the BOG

Board Resolution 201 (2013-2014) Approving the Increases in Members' Benefits





PMA SEAL

- An Inner Moss Green Circle with the Aesculapius symbol (A staff branched at the top standing upright with a serpent coiled around it up to the top) at the center and the capitals "M" on the left and the letter "D" on the right. The Aesculapius symbol and the letters "M" and "D" (or MD for Doctor of Medicine are all emblazoned in gold). An outer circle colored white inscribes the name Philippine Medical Association and the year 1903 also emblazoned in gold. Finally, the 2 concentric circles are enclosed by a design that resembles a rope. The encircling rope which symbolizes the ties of brotherhood among Medical Practitioners should also be in gold.

CLUSTER 4 MEETING: PMA's Cluster 4 Meeting highlighted the President, Vice President, Secretary, and Treasurer's reports, respectively. A review on Board Resolutions, categorization of component Medical Societies, and status of members, and recognition of awards for component societies, affiliate societies, individuals, were done in a virtual manner through Zoom. (October 9, 2020)

VIRTUAL STRATEGIC PLANNING

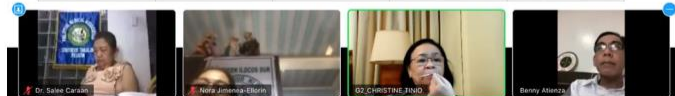
Committee Heads and members participated in the Virtual Strategic Planning of the Ilocos Norte Medical Society last September 26, addressing potential improvements and diversity in the initiatives of the Philippine Medical Association as a whole.

Regarded as a distinct display of medical practitioners pooling together their time and resources to improve the welfare of those undergoing crisis and difficulty. INMS has been keeping this spirit of selflessness and social responsibility throughout, harnessing their position in the health sector to nurture a society of compassionate nation-builders.



OBJECTIVES with Groupings

GROUP 1	GROUP 2	GROUP 3	GROUP 4	GROUP 5
"To establish excellence in leadership and governance."	"To be institutionalized as the Integrated Philippine Medical Association."	"To be recognized as the authority and expert resource for medical issues and concerns."	"To provide appropriate, timely, and substantial benefits to PMA members."	"To be financially independent."
Martini Ventura	Jose Bello (Mod)	Ricardo Isip	Arnel Manalili	Kazan Baluyot
Christine Tinio Lester Lloyd Leocadio Rosa Lina	Luz Acosta Barrientos Benny Atienza Mercedes Agustin	Jehan Angeles Ricardo Isip Augusto Abeleda Jr. Mercedes Agustin (2nd) Hector Santos	Japhet Fernandez de Leon Glenda Oserrao Salee Cataan Elisa Tiu	Dures Tagayuna John Anacan Alejandro Tan

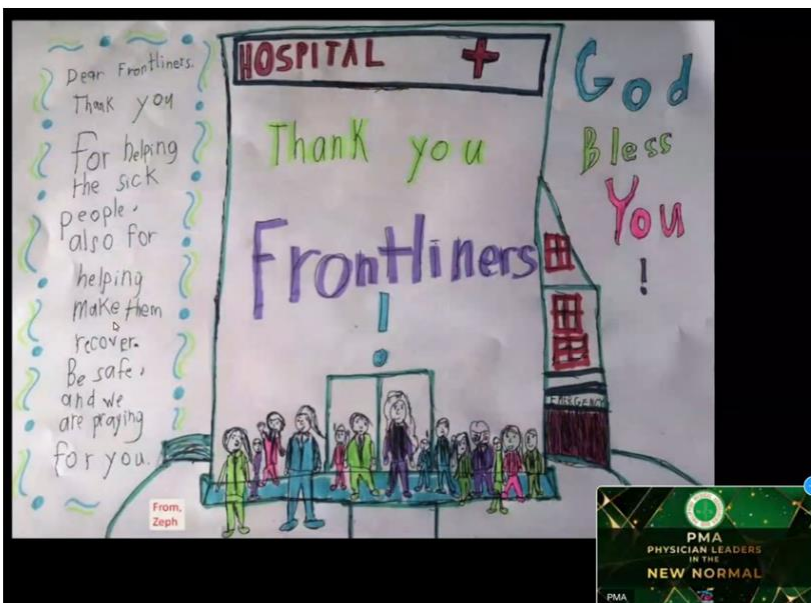


PLANNING: INMS members during the Virtual Strategic Planning. (September 26, 2020)

PMA LEADERSHIP TRAINING

Medical institutions have identified "leadership" as a core medical competency. A physician's leadership abilities and command methods positively influence both patients and healthcare organizations. Enhancing leadership training in medicine seeks to optimize the skills of physicians leading all corners of the healthcare system.

INMS conducted a training aimed at establishing excellence in leadership and governance, to be institutionalized as the Integrated Philippine medical association, provide appropriate, timely, and substantial benefits to PMA Member, to be recognized as the authority and expert resource for medical issues and con-



GRATITUDE: A skillful drawing with an uplifting message.

PHYSICIAN LEADERS IN THE NEW NORMAL



LEADER: Dr. Benito P. Atienza, PMA President.



GIFT GIVING: Dr. Rubio (center) and Dr. Miramar de Leon-Bumanglag (rightmost) hand in gift to parents of pre-schoolers in Batac City. (September 28, 2020)



COLOR TO SMILE

The Ilocos Norte Medical Society believes that it is the task of every citizen to look out for one another in its drive to make the province a livable and healthy home.

INMS President Dr. Luis Jake R. Rubio headed the distribution of gift packs to parents of pre-schoolers of the Batac Periculture and Family Planning Center and Preparatory School. Amidst the pandemic, INMS continues to service communities and forge linkages with organizations, made up of people who share its vision and goal towards the collective progress of many. #

GIFT GIVING AT ORPHANAGE

INMS visited a local orphanage to present several gifts to children, reminding them of the importance of maintaining a healthy body by eating right, doing physical activities, and observing basic hygiene to prevent sickness amidst the pandemic.#



GIFT GIVING: INMS visited the children of a local orphanage for a gift giving activity.



COUNCIL: Dr. Adolavni Magpily (leftmost) with Vice Governor Cecilia Araneta-Marcos and Senior Board Member Dr. Medeldorf Gaoat (November 22, 2020)

INMS urges prov'l gov't to create STI/HIV/AIDS Council

Before the commemoration of the World AIDS Day, representatives of the Ilocos Norte Medical Society met with Vice Governor Cecilia Araneta-Marcos and Senior Board Member Dr. Medeldorf Gaoat as they urge the Provincial Government to create an STI/HIV/AIDS Council for the prevention of such in Ilocos Norte, through an Executive Order.

Signed on November 27, the Council is composed of representatives from the health sec-tor, the local government units, law enforcement institutions, academe, and the private sector, among others.#



HIV SEMINAR

SAFETY: Pregnant women attend a lecture on HIV. (October 16, 2020)

Pregnant women were invited in a lecture on HIV conducted by members of the Ilocos Norte Medical Society at the MMMH and MC last October. Medical Lecturers have explained the answers to most common questions regarding HIV and Pregnant women such as what is and how do you get HIV-AIDS, treatment methods for pregnant women, the risk of passing HIV to babies, HIV detection, and monitoring of viral load. #

Republic of the Philippines
Province of Ilocos Norte
OFFICE OF THE GOVERNOR

Matthew J. Marcos Manotoc
Governor

EXECUTIVE ORDER NO. 105-20
Series of 2020

AN ORDER CREATING THE SEXUALLY TRANSMITTED INFECTIONS (STI), HUMAN IMMUNODEFICIENCY VIRUS (HIV) AND ACQUIRED IMMUNE DEFICIENCY SYNDROME (AIDS), COUNCIL FOR THE PREVENTION OF STI/HIV/AIDS IN THE PROVINCE OF ILOCOS NORTE, DEFINING ITS DUTIES AND FUNCTIONS AND OTHER RELATED PURPOSES

WHEREAS, Sections 10 and 15 of Article II of the 1987 Constitution declare that the State values the dignity of every human person and guarantees full respect for human rights, promote the right to health of the people and instill health consciousness among them;

WHEREAS, due to the gravity posed by AIDS to the human populace, Republic Act No. 11166, also known as the "Philippine HIV and AIDS Policy Act" was passed to serve as a measure for its prevention and control and to provide prevention measures and steps for the proper care for people already infected;

WHEREAS, the said law mandates the creation of Local STI/HIV/AIDS Council from the different Local Government Units;

WHEREAS, the Provincial Government of Ilocos Norte takes the lead in the different programs, projects and activities for the prevention and control of the spread of STI/HIV/AIDS in the province, thus, the need to create the STI/HIV/AIDS Provincial Local Council.

NOW THEREFORE, I, MATTHEW J. MARCOS MANOTOC, Governor of the Province of Ilocos Norte, by virtue of the powers vested in me by law, do hereby order:

- HON. FIDEL CIMATU JR.
LMP President, Ilocos Norte
- DR. JOSEPHINE RUEDAS
Provincial Health Officer
- DR. MA. LOURDES K. OTAYZA
Representative
Mariano Marcos Memorial Hospital and Medical Center, Representative
- DR. FANNY CARMELITA DOMINGO
Representative
Department of Health (DOH)
- PCOL CHRISTOPHER N. ABRAHANO
Representative
Philippine National Police (PNP)
- Prov. Prosecutor ROMMEL CALUPUG
Representative,
Department of Justice (DOJ)
- MS. LILIAN RIN
Representative,
Provincial Social Worker Development Office (PSWDO)
- MS. JOANN CORPUZ
Representative
Department of Education (DepEd)
Ilocos Norte
- MS. VILMA D. EDA
Representative
Department of Education (DepEd)
Laoag City
- MR. JOEL B. LOPEZ
Representative
Department of Education (DepEd)
Batac City
- DR. NORMAN G. RABAGO
Representative, Private Sector
- DR. JAKE RUBIO
Representative,
Ilocos Norte Medical Society

1. Prepare the agenda of the meetings of the council and record the minutes of the same;
2. Keep all the records of the council;
3. Collate reports from members of the council;
4. Prepare and submit to the Chairperson and copy furnish to the Co-Chair of the Council, the Accomplishment Report of the Council and other reports for approval
5. Transmit to concerned agencies correspondence and resolutions of the Council

SECTION 7. CONFIDENTIALITY OF DOCUMENTS. The Council shall ensure strict confidentiality of all records/documents which are forwarded/communicated to it by physician, consulting medical specialist, nurse, medical technologist and all other health workers or personnel involved in any counselling, testing or professional care or any person in any official capacity, has acquired or may have acquired such confidential information, as well as the identity of the person infected with STI/HIV/AIDS unless the disclosure is with the consent of the person.

SECTION 8. SUCCESSION. In the event of transfer, retirement, relief or removal of the person named therein, the successor shall automatically become the member to represent such office or agency in the STI/HIV/AIDS Provincial Local Council.

SECTION 9. REPEALING CLAUSE. Any or all Executive Orders previously issued inconsistent herewith are hereby repealed or modified accordingly.

SECTION 10. SEPARABILITY CLAUSE. If any of the sections or provisions of this Order is held invalid, all the other provisions not affected thereby shall remain valid.

SECTION 11. EFFECTIVITY. This Executive Order shall take effect immediately upon approval.

Done this 27th day of November 2020 in the City of Laoag, Province of Ilocos Norte.

SO ORDERED.

EXECUTIVE ORDER: Excerpts from the Governor's Executive Order.



DONATION: Dr. Rubio (leftmost) personally handed the donations to employees of MMMH&MC

DONATION: INMS donated some sets of personal protective equipment (PPE), disinfectants, and medical supplies to the Mariano Marcos Memorial Hospital and Medical Center, the second Department of Health-held hospital to be certified for COVID-19 testing in the Ilocos Region and the first to utilize GeneXpert technology for coronavirus testing.#



RESILIENCY MEETING: Presided by Governor Matthew Marcos Manotoc, the Provincial Resiliency Meeting was attended by INMS-affiliated doctors of the Mariano Marcos Memorial Hospital and Medical Center, Governor Roque B. Ablan Sr. Memorial Hospital, PGIN-Provincial Health Office, and component city and municipal health offices.

Along with medical professionals are uniformed officers of the Philippine National Police, Philippine Army, Bureau of Fire Protection, and other member institutions, among others.#



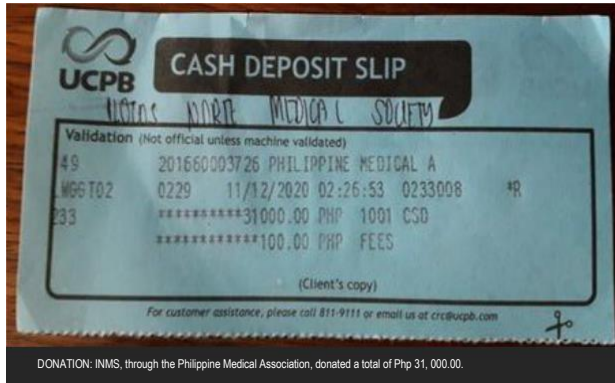
RESILIENCY: Governor Matthew Marcos Manotoc as the Head of Task Force Salun-at presides. (November 27, 2020)



RESILIENCY: Members of the Task Force Salun-at during the Provincial Disaster Risk Reduction Management and Resiliency Meeting. (November 27, 2020)

INMS sends cash aid to Typhoon “Rolly” victims

The Ilocos Norte Medical Society has extended a cash donation amounting to more than Thirty Thousand Pesos to help in the speedy recovery of hardest-hit families by Typhoon “Rolly.” It is part of INMS’ continuing humanitarian assistance and disaster re-sponse operation to aid fellow Filipinos in the Bicol Region. “Rolly,” is the strongest typhoon of 2020, according to international weather agencies.#



DONATION: INMS, through the Philippine Medical Association, donated a total of P31,000.00.



DONATION: Partner and component organizations of the Philippine Medical Association, which includes INMS, have pooled together their resources to help the victims of Typhoon “Rolly.”



CAGAYAN-ISABELA RELIEF:

The Ilocos Norte Medical Society extended support to families affected by the recent flooding in the Cagayan Valley Region by sending a load of relief goods.

On November 13, most parts of the Region, particularly the Province of Cagayan, was submerged due to accumulated effects of typhoons Rolly and Ulysses, aggravated by the massive volume of water released from the Magat Dam, which, at that time, reached a very critical level.#



DONATION: Drinking water, hygiene kits, face masks, clean clothes, blankets, and ready to eat food, are among the in-kind donations of INMS.



MEDICAL MISSION:

The Ilocos Norte Medical Society has reached out and helped as many people as they can by conducting a medical mission in San Nicolas, Ilocos Norte on September 20, 2020. INMS continues to bring life-saving and life-changing medical services to those in need around the province, especially those without the means and access to quality healthcare.

Amidst the pandemic, its members continue to help the province through promoting wellness and providing quality healthcare. With deep reserves of social capital and the Ilokano culture of unity and collective action, INMS and partner institutions pledge to continue working together towards transformative change in the healthcare sector. #



MEDICAL MISSION: Members of INMS pose after the successful conduct of a medical mission in San Nicolas, Ilocos Norte. (September 20, 2020)



SURCICAL MISSION: A team of surgeon wearing full protective equipment performs a procedure on a patient. (November 12 -14, 2020)

SURGICAL MISSION:

As part of the birthday celebration of Ilocos Norte’s Senator Imee R. Marcos, the Ilocos Norte Medical Society took part in the “Sagut ni Manang Imee Kadatayo: Bukol Operasyon, IMEEsolusyon,” a three-day surgical mission from November 12-14 at the Karmelli Clinic and Hospital Corporation.

The event is also in cooperation of The Far Eastern University College of Medicine Alumni Society and in partnership with the Provincial Government of Ilocos Norte.

Prior to the surgical mission, volunteer physicians conducted a screening of cases such as thyroid, breast, gall bladder, hemorrhoids, soft tissue tu-mors and other minor medical conditions.

The surgical team has accommodated a total of 123 patients during the three-day mission#



SURCICAL MISSION: Surgeons using a state of the art medical equipment. (November 12-14, 2020)



SURCICAL MISSION: Volunteer medical practitioners pose after a successful event. (November 12-14, 2020)

